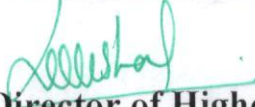


Date + 07/8/24

**Tentative DSSA Menu During District & State Level Tournaments 2024-2025**

Sr. No.	Breakfast	Lunch	Evening	Dinner
Before Tournament Evening Dinner	---	---	---	Mix Dal, Rice, with Salad
1 <sup>st</sup> Day (opening ceremony)	Puri White, Channa, Tea.	Matar Paneer, Mix Veg, Kari Pakoda, Rice, Manda/ Chapati, Salad, Sweets	---	Aloo-nutri, Yellow Daal, Rice, Manda.
2 <sup>nd</sup> Day	Bread Pakoda , Tea	Raj Mah, Mongi daal, Manda/ Chapati, Rice.	Refreshment (Fruit, Milk).	Black Chana, Vegetable, Rice, Manda.
3 <sup>rd</sup> Day	Aloo Dum, Puri, Tea.	Kofta, Mix Vegetable, Chana Masala, Manda/ Chapati, Sweets.	---	Kari, Sepu badi, Manda, Rice.
4 <sup>th</sup> Day	Black Channa, Halwa, Bread, Tea	Matar Paneer, Raj Mah, Yellow Daal, Rice, Manda, Salad, Sweets	---	---

  
**Deputy Director of Higher Education  
Una District Una H.P**

**Dy. Director Higher Education  
Una, District Una (H.P.)**