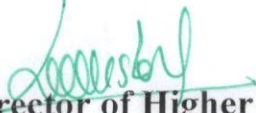


Date 4 07/8/24

Tentative DSSA Menu During Zonal Level Tournaments 2024-25

Sr. No.	Breakfast	Lunch	Evening	Dinner
Before Tournament Evening Dinner	---	---	---	Mix Dal, Rice, with Salad
1 <sup>st</sup> Day (opening ceremony)	Channa Bhutura, Tea.	Matar Pneer, Mix Veg, Kari Pakoda, Rice, Manda/ Chapati, Salad, Sweets	---	Aloo-nutri, Yellow Daal, Rice, Manda.
2 <sup>nd</sup> Day	Bread Pakoda , Tea	Raj Mah, Mongi daal, Manda/Chapati, Rice.	Refreshment (Fruit, Milk).	Black Chana, Vegetable, Rice, Manda.
3 <sup>rd</sup> Day	Aloo Dum, Puri, Tea.	Kofta, Mix Vegetable, Chana Masala , Manda/ Chapati, Sweets.		

  
Deputy Director of Higher Education  
Una District Una H.P

Dy. Director Higher Education  
Una, District Una (H.P.)