

No-EDN-U-(G-1)/Bag/2020/- 3760
Office of the,
Deputy Director of Higher Education Unna

ddheuna@rediffmai.com 01975 223850

To Una District Una 09 March, 2021

All the Principal/Headmaster
Govt. Sr. Sec. School/High Schools
In Una Distt.

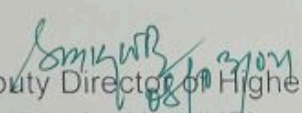
Subject:- School Bag Policy, 2020

Memo,

This is with reference to the Director of Higher Education Himachal Pradesh Shimla letter No. EDN-HE (21) F (2) 29/2021-V dated 2/3/2021 on the subject cited above.

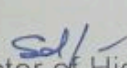
The copy of School Bag Policy, 2020 is enclosed herewith for your further necessary action.

Encls: As above


Deputy Director of Higher Edu.
Una District Una (HR)

Endst No. Even dated

Copy to:- 1 The Director of Higher Education Himachal Pradesh Shimla for information please.


Deputy Director of Higher Edu.
Una District Una

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No.EDN-HE(21)F(2)29/2021-V
Directorate of Higher Education,
Himachal Pradesh, Shimla-1
Tel:0177-2653120, Extn.234, Fax:2812882,
Email: dhe-sm-hp@gov.in
Dated Shimla-1 the 2nd March, 2021



To

1. All the Deputy Directors of Higher Education, Himachal Pradesh
2. All the Principals/ Headmasters, Government Sen. Sec./ High Schools in, Himachal Pradesh

Subject:-

School Bag Policy, 2020.


In pursuance to Government of Himachal Pradesh letter No.EDN-B-GA(17)-2/2019-II dated 11-02-2021, received from the Secretary (Education) to the Government of Himachal Pradesh, enclosing therewith copy of letter F.No.1-4/2018-IS-3 dated 24th November, 2020 alongwith "School Bag Policy,2020" formulated and finalized by the Expert Committee and released by the NCERT, New Delhi. The relevant suggestions / highlights of the "School Bag Policy" are as under:-

1. School Bags should be 10 percent of the body weight of the Students. For making the school bags lighter in weight following measures have been suggested:-
 1. Sharing of textbooks between two Students.
 2. Semester wise textbooks/ books in volumes.
 3. Provision of safe drinking water in Schools, so that Students need not carry water bottles from homes.
 4. Provision of lockers for Students in Schools.
 5. Alternate homework in different subjects.
 6. Deduction in weight of textbooks.
 7. Mentioning of weight of books by publishers.
 8. Keeping textbooks in Schools.
 9. Use of Tabs/ Smart classes.
 10. Notebooks with pages as per need.
 11. Block periods for a single subject in a day.
 12. Provision of breakfast and mid day meal in School.
 13. Rationalization of home work. 10-12 hours in a week for High and Senior Secondary Classes.
 14. Systematic use of files with loose sheets.
 15. Teachers should engage Students in activity based teaching learning process wherein Students can go beyond textbooks.
 16. Use of digital mode of communications instead of using School diaries for the same.
 17. School Bags should be made up of light material with two adjustable shoulder straps.
 18. Framing of school time table in such a way to make the load of School Bag light.
 19. Health, Physical Education, Sports and other co-curricular activities need to be given adequate space in the time table.

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17.3.21


II. Bag Free Day will be encouraged throughout the year for various types of enrichment activities involving arts, quizzes, sports, cultural programmes and vocational crafts. For vocational crafts holidays and vacations can also be utilized. Under vocational crafts, fine arts, stitching, weaving, embroidery, carpentry, masonry, tile work, painting, gardening, pottery, wood polishing, traditional artistic work, beauticians, plumbing, bamboo work may be offered in Schools in collaboration with local vocational experts.

In view of above mentioned, you are directed to take appropriate action in the matter accordingly and these suggestions may be adopted during the Academic Session 2021-2022, in true letter and spirit. The "School Bag Policy, 2020" can be viewed and downloaded from the Departmental website i.e. educationhp.gov.in.


(Dr. Anurajee K. Sharma),
Director of Higher Education,
Himachal Pradesh

Endst. No. Even Dated Shimla-1 the 2nd March, 2021
Copy for information and necessary action is forwarded to:-

1. The Secretary (Education) to the Government of Himachal Pradesh, Shimla-2, w.r.t. No.EDN-B-GA(17)-2/2019-II dated 11-02-2021.
2. The Secretary, H.P. Board of School Education, Dharamshala. District Kangra, Himachal Pradesh, Pin-176213.
3. The Principal, State Council for Education Research and Training, Solan at Rabon, District Solan, Himachal Pradesh.
4. The Technical Officer, IT Cell, with the direction to upload this letter on the Departmental website alongwith School Bag Policy, 2020.
5. Master file.


Director of Higher Education,
Himachal Pradesh

06 MAR 2021