

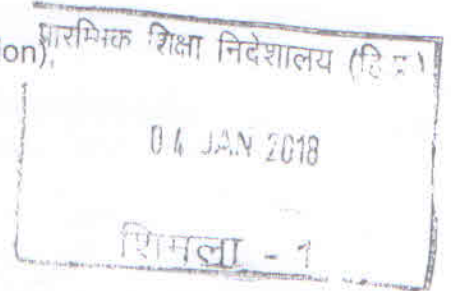
**Most Urgent  
Top Priority**

No.EDN-H (EE)(4)-10/2015-16 Health MDM  
Directorate of Elementary Education,  
Himachal Pradesh Shimla-171001

Dated- Shimla-171001 the January 2018

To

- 1) All the Deputy Directors (Elementary Education), Himachal Pradesh.
- 2) All the Deputy Directors (Higher Education), Himachal Pradesh.
- 3) All the Block Elementary Education Officers, Himachal Pradesh.



**Subject:-** Regarding minutes of meeting held on 04-12-17 under the Chairmanship of Deputy Mission Director, NHM on improving the Malnutrition and Anemia status of Himachal Pradesh.

Sir/ Madam,

Please find enclosed herewith the minutes of the meeting held on 04-12-2017 under the Chairmanship of Deputy Mission Director, National Health Mission on improving the malnutrition and Anemia status in the state.

In this context, you are directed to take immediate necessary action on all the issues pertaining to this Department and send the point wise action taken report (ATR) to this office accordingly in time.

**This may be treated as most urgent and time bound please.**

Encl: As above

(K.R. Saizal, HPAS)  
Joint Director Elementary Education (A)  
Himachal Pradesh, Shimla-171001  
e-mail id-eleedu-hp@gmail.com  
Ph. No. 0177-2654480

Endst. No. Even Dated Shimla-171001 January 2018

Copy to:-

1. The Director, Higher Education H.P. Shimla 171001 for information and further necessary action in the matter please.
2. The Director, Health Services, SDA complex, Kasumpti, Shimla-9 for information please.
3. The Deputy Mission Director, National Health Mission, SDA complex, Kasumpti, Shimla-9 w.r.t. his letter dated 21-12-2017 for information please.
4. Guard file.

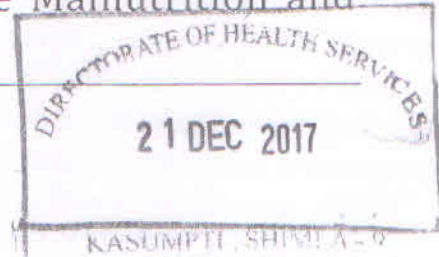
(K.R. Saizal, HPAS)  
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Ph. No. 0177-2654480

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11/01/18

5/11

Minutes of Meeting held on 4.12.17 under the Chairmanship of Dy. Mission Director, NHM on improving the Malnutrition and Anaemia status of Himachal Pradesh



Following were present:

- Dr Mangla Sood, SPO CH & RBSK
- Mr Suresh Sharma, Deputy Director WCD
- ✓ Mr Naresh Sharma, SPO MDM scheme, Directorate of Elementary Education
- Mr Kailash Chand, Supdt Education department

In the beginning, SPO (CH) Dr Mangla Sood welcomed all the participants and shared agenda of the meeting. The Health indicators of NFHS 4 were discussed, and it was appreciated that Stunting and Wasting has decreased in Himachal Pradesh compared to NFHS 3 data. Still, a lot has to be done to achieve the target under SDG.

The role of WCD department on tackling malnutrition by was discussed. The WCD representative shared their data on Malnutrition. **There was difference between the survey data of NFHS 4 and ICDS data. Where NFHS 4 data speaks of 26.3% stunting, 13.7% wasting, and 3.9% Severely wasted. The ICDS data only mentioned 8% children as underweight and only 0.11 children were severely underweight.** The discrepancy was due to non measurement of length/ height of children in Anganwari centers. Only underweight is being detected i.e weight against age is measured and plotted on WHO charts. Hence stunting is not detected at AWC. Though every effort is being made to weigh all registered Zero to -6 years children even through home visits, but still are missed either not attending the AWCs or studying in private schools. The scenario in cities or urban areas is also not good, AWCs are present, but very few children are registered, or weighed which results in discrepancy in data on Malnourished children.

Further, the identified underweight children are provided extra food, and counselled to visit the Hospitals. But most parents don't take it seriously, and children are not shown to Medical Officer.

SPO CH emphasised that 50% mortality among under 5 children is due to malnourished children. Hence every effort should be made to immediately refer the children to the nearest District Hospital or NRC, so that nutrition counselling as well as proper treatment of the child is done. Admission under NRC is very low in state; in spite of 3.9% children identified as Severe acute malnutrition.

The joint role of ASHA, AWW under ANM was again emphasised. It was decided to have a joint review meeting dedicated to nutrition component at Block as well as District level. The district level meeting will be chaired by the Deputy Commissioner. The official communication has already been sent to all the districts as well as DO note from Pr. Secretary (Health) has been shared with all the Deputy Commissioners of the state. Copy of both letters as well as DO note shared with WCD

27.12.17  
Supdt. (MDM)

representative. WCD was requested to issue similar instructions to districts and blocks from Secretary (WCD).

Many common programs with target to reduce malnutrition were discussed, and both Health and WCD promised to support each other in effective implementation of these programs in the community. Main programmes among them were IYCF trainings, VHND day, Anaemia reduction program, Deworming activity, Vit A supplementation, diarrhoea and pneumonia control program, Immunization etc.

Recent guidelines of Health programs targeting malnutrition were shared with the participants, and their active support desired. Main discussion was on:

- Diarrhoea management with ORS & Zinc
- Pneumonia management and IMNCI training of ANMs
- HBNC component of ASHA under newborn care
- Vit A prophylaxis
- Vaccination against 11 types of diseases under Immunization
- NRC for admission and treatment of SAM children in 5 State hospitals, with facility of Nutrition counsellor available at each District Hospital
- IYCF & MAA program on nutrition and feeding
- Starting Anaemia prophylaxis program in state under NIPI initiative
- Vit D supplementation to be started soon.
- Safe institutional delivery to be improved and care during pregnancy, antenatal period to be improved
- RBSK screening
- IFA supplementation
- Bi annual Deworming

Issues regarding screening of AWC children like not measuring height/ length of children, missing of many registered children, very less presence in urban areas and cities, focus only on Ration, and less on nutrition counselling and developing mother craft for better child rearing practices, not ensuring that the diagnosed severe underweight children are referred to the Health facility was discussed.

It was requested that necessary direction may be issued to all the AWW that the underweight / malnourished children be referred to the health facility with follow-up and promotion on breastfeeding practices be done. Also whenever RBSK team visits AWC as per microplan the community be informed in advance so that screening of all the children is done.

Issue raised by Education department is low budget for promoting WASH and Hand hygiene, and less of Healthy habits promotion among the children. It was shared that the Education department gets Rs. 300/- per school per year on regular basis for Hand Wash activities, but soaps are not made available in most schools.

The support from Education department in improving anaemia and malnutrition is to improve Hand washing, and WASH-habits among children. Dy. MD(NHM) requested Education department to get the IEC on deworming, Hand washing, Hygiene,

Healthy dietary habits etc on school notice boards as well as wall paintings. IEC as soft copy will be provided from Health department.


Issue regarding low coverage under RBSK screening was also discussed. It is decided that at Block level Health (BMO), ICDS(CDPO) and Education(BEO) will jointly make microplan of the Mobile health teams. This will ensure that once a year, all children are screened, and no child is missed during RBSK screening. The schools may even make their record of the child identified with 4Ds and ensure follow up.

The request to ensure good nutrition for Mid day meal was discussed. Every district has Nutrition counsellor under CMO, whose help can be taken for planning nutritious mid day meals for students.

Dy. MD(NHM) shared that IEC for school children in form of booklets will be printed by Health department, which will be distributed to all the children through Education department.

With proper coordination among Women and child Development Education and Health department we can improve the status of children on malnutrition, anaemia and immunization.

The meeting ended with thanks to the chair

  
Dy. Mission Director  
National Health Mission  
Himachal Pradesh  
Dated

Endst No. HFW-H/NRC/CH/2016-I

- 50570

Copy forwarded to:

1. The Principal Secretary (Health) to the GoHP, Himachal Pradesh for kind information please
2. The Director Health Services, SDA complex, Kasumpti, Shimla-9 for information please.

  
Dy. Mission Director  
National Health Mission  
Himachal Pradesh

Endst No. EDN-U (G-1) Misc /- 779 Dated 12/1/2018

Office of the Deputy Director of Higher Education Una District Una (HP)

Copy to:-

1. The Director of Elementary Education Shimla for information please.
2. All the Principal/ Headmasters GSSS/GHS in Una District for information and strict compliance.



Deputy Director of Higher Education  
Una District Una (HP)