

No. EDN-U (G-I) WIFS/- 9673  
Office of the,  
Deputy Director of Higher Education  
Una District Una (HP)

Dated Una- 174303 30 Jan, 2019

To

All the Principal/Headmaster  
GSSS/HS in Una Distt.


Subject:- Minutes of Meeting regarding Anemia Mukat Bharat with Focus on reducing Anemia Burden in HP.

Memo,

With reference to the Director of Higher Education Himachal Pradesh Shimla letter No. EDN-HE (21) B (15) 38/2018-WIFS dated 7 Jan, 2019 on the subject cited above.

The copies of Minutes of Meeting regarding Anemia Mukat Bharat with Focus on reducing Anemia Burden in HP are enclosed herewith for your further necessary action.

Encls: As above

  
Deputy Director of Higher Education  
Una District Una (HP)

Endst No. Even

dated

Copy to:- 1 The Director of Higher Education Himachal Pradesh Shimla for information please.

-sd-  
Deputy Director of Higher Education  
Una District Una (HP)

07 JAN 2019

No-EDN-HE(21)B(15)38/2018-WIFS  
Directorate of Higher Education  
Himachal Pradesh, Shimla-1  
Tel:0177-2653120Extn.234\_E.mail:genbr@rediffmail.com, Fax:2812882

Dated Shimla-1 the January,2019

To

All the Deputy Directors of Higher Education in,  
Himachal Pradesh

Subject:-

**Minutes of Meeting regarding Anemia Mukat Bharat with Focus on reducing Anemia Burden in Himachal Pradesh.**

This is with reference to the endorsement No.HFW-H/CH/Anemia/2017-20528 dated 22-12-2018 (Copy enclosed), received from the Mission Director, National Health Mission, Himachal Pradesh, on the above mentioned subject.

In this regard, you are directed to circulate the minutes of the meeting to all the Educational Institutions under your administrative control with the directions to take necessary action on the points pertaining to Education Department, accordingly.

(Dr. Parmod Chauhan),  
Joint Director of Higher Education(C),  
Himachal Pradesh

Endst. No. Even Dated Shimla-1 the January, 2019

Copy for information and necessary action is forwarded to:-

1. The Mission Director, National Health Mission, Himachal Pradesh, Kangnadh, Shimla-9, w.r.t above mentioned endorsement number and date.
2. Guard file.

Joint Director of Higher Education(C),  
Himachal Pradesh

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*(Signature)*

Minutes of meeting regarding Anemia Mukat Bharat with focus on reducing Anemia burden in Himachal Pradesh held on 22.11.18 under the Chairmanship of Mission Director (NHM) at 3PM, Kangnadar, Shimla-9

Following were present:

1. Dr. Anuj Gupta, Dy. MD (NHM)
2. Dr. Sarita Sharma, OSD, DHS
3. Dr. Sonam Negi, SPO (ASHA), NHM
4. Dr. Mangla Sood, SPO (CH), NHM
5. Dr. Gagandeep Dhillon, SPO (HMIS), NHM
6. Dr. Aika Gupta, SPO (FP), NHM
7. Dr. Anjali Chauhan, SPO (IEC) NHM
8. Dr. Anadi Gupta, SPO (MH), NHM
9. Ms. Sneha Lata, Directorate of Higher Education Shimla-1
10. Ms. Mamta Paul, CDPO (Shimla Urban), WCD Deptt.
11. Mr. Chhabil Mehta, Supdt. Gr.II Dte.of Elementary Education, Shimla-1

SPO (CH) welcomed all the participants and shared inputs on reducing Anaemia in Himachal Pradesh. Presentation was shown regarding burden of Anaemia and role of various departments to reduce it. Prevalence rate of Anaemia among Pregnant women is increasing in last decade. The burden of MMR and IMR will increase in state due to this.

Anaemia screening camps were organized in the state during the month of October. Dr Sarita Dy, DHS was directed by MD NHM to compile reports, make line listing of Anaemic women and treat them.

Further office of Procurement at DHS will ensure supply and logistics availability of IFA in the state. There should be no stock outs.

Education and WCD department has to ensure that every child/ adolescent is consuming IFA tabs / syrup in the school/AWC in front of teacher/AWW/ASHAs.

Mid day meal, AWC food should have double fortified Salt and flour.

Food and civil Supply department: To ensure availability of Double Fortified Salt and wheat flour in whole state

WCD department is also requested to share data on malnourished and anaemia collected during Poshan Maah with health department and office of MD NHM.

MD(NHM) requested for Inter-ministerial / State level convergence committee with representation from (Health/WCD/Education/IPH/Food and Civil supply/RD) under the chairmanship of Chief Secretary needs to be conducted.

Launch of programme to be done with branding by GoHP and Honourable Chief Minister HP

SPO IEC: Whole year IEC with focus on increase in demand generation for Iron intake and anaemia reduction. Radio jingles, health talks, radio talks to be done. Focus should be on side effects of anaemia, compliance to intake of Anaemia etc. In addition habits which reduce anaemia like delayed cord clamping in all health facility to be promoted through IEC.

SPO HMIS: Govt has launched Anaemia Mukat Bharat- Dashboard and digital portal. Therefore HMIS portal needs to be strengthened i.e from consumption to stock report has to

be updated as GoI is referring only HMIS data on digital portal also. The key indicators on which the state will be ranked should be specifically looked into every month.

SPO CP: IFA tab/ syrup should be added in ASHA kit and IEC material on causes and effects of Anaemia should be promoted through ASHA workers.

SPO (MH/CH): Practice of delayed cord clamping by 1-2 minutes in all health facilities where deliveries are being done needs to be conveyed as this is also one of the reasons of anaemia followed by early initiation of breastfeeding within 1 hour of birth. SPO (MH/CH) has ensured that through meetings with OBG and Paediatrics department this message will be conveyed.


SPO (MH) is requested to circulate the instruction to all the CMOs to provide Prophylactic IFA supplementation to all the pregnant women and lactating mothers. Also to address non-nutritional causes of anemia in endemic pockets, with special focus on haemoglobinopathies.

Periodic De-worming of children, adolescents and pregnant women needs to be done. SPO(CH) informed that every twice a year (May and Nov) NDD is being observed wherein children from 6 months to 19 years are being administered with Albendazole tab. SPO(MH) also informed that they are also giving albendazole to PW. SPO (FP) is requested to administer the same to all the women of reproductive age group through ASHAs/ AWCs.

SPO (FP) is requested to circulate the instruction to all the CMOs to provide Prophylactic IFA supplementation to all the women of reproductive age group through ASHAs/ AWCs.

Digital method should be used for testing anemia at RBSK teams and SC. The procurement of same to be planned under MD NHM.

The meeting ended with vote of thanks to the chair.

  
Mission Director  
National Health Mission  
Himachal Pradesh  
Dated

Endst No. HFW/H/CH/Anameia/ 2017 20,528  
Copy forwarded to:

22 DEC 2018

1. The ACS (Health) to GoHP, Shimla-2 for information please.
2. The ACS (WCD) to GoHP, Shimla-2 for information please.
3. The Principal Secretary (Food and Civil Supplies) to GoHP, Shimla-2 for information please.
4. The Secretary (Education) to GoHP, Shimla-2 for information please.
5. The Director (WCD) for information and necessary action please.
6. The Director Health Services, Kasumpti, Shimla-9 for information and necessary action please.
7. The Director (Elementary Education) for information and necessary action please.
8. The Director (Higher Education) for information and necessary action please.
9. The Managing Director, Food and Civil Supplies, Kasumpti, for information and necessary action please.
10. All the above participants for information and compliance please. All are requested to submit the action taken report to the office of the undersigned within next 2 weeks.

  
Mission Director  
National Health Mission

