

Through mail

Dated : 7<sup>th</sup> April, 2017

To

All the State NSS Officers &  
Programme Coordinators, NSS in the region.  
(Punjab, Himachal Pradesh & U.T. Chandigarh).

Subject: Observance of International Day of Yoga on 21<sup>st</sup> of June, 2017- regarding.

Sir/Madam,

You are aware that International Yoga Day is celebrated on 21<sup>st</sup> June every year. Like previous year, National Service Scheme (NSS) will be celebrating 21<sup>st</sup> June, 2017 as International Yoga Day this year also.

All the universities/Colleges/Schools having NSS will participate in a befitting manner to commemorate the event. The following activities/programmes may be taken by the NSS Units.

- A workshop on yoga to be conducted in all the universities having NSS, which will be followed by demonstration and performance of series of Yoga Asanas.
- All the NSS Units should perform the Yog-Asanas in their campuses to mark the occasion.
- All the Special Camping Programmes should have a component of performance of Yog-Asanas.
- The day may start with the performance of Yog-Asanas in all the National Level programmes, like National Integration Camp etc. being conducted by the NSS.
- Rallies should be organised in all the capitals by the NSS Volunteers to make the people aware about the benefits of Yog-Asanas and to motivate for living a healthy life.

You are, therefore, requested to kindly instruct all the NSS Units under your jurisdiction (State/University/+Council) to chalk out the plans/activities accordingly & celebrate the event in the most befitting manner. They may also take help of the Yoga Institutions/experts locally available.

A brief State / Universities complied report in the prescribed proforma along with captioned action photographs, showing the presence of NSS may please be sent to this Regional Directorate immediately after completion of the programme for onward transmission to the Ministry.

Encs: Specimen of Proforma.

Yours faithfully,



(Subhash Chand)  
Regional Director

International Yoga Day 2017

Directorate level compiled NSS Report

Name of the +2 Council: \_\_\_\_\_

Report of all NSS Units under jurisdiction :

Total Schools participated	Total NSS Units participated	Participants			Total No of lectures organised	Total Yoga activities performed	Any other activity/ies	Remark
		NSS Volunteers	Others Staff/Students/local masses	Total Participants				

\* Action photographs, news clippings may be attached

\*\* Attach separate sheet for descriptive report

Dated:

(Deputy Director Higher Education)



No. EDN-H(27) NSS-Misc.  
Directorate of Higher Education  
Himachal Pradesh.  
Dated, Shimla-1, the

17 APR 2017  
17<sup>th</sup> April 2017  
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To

✓ All the Dy. Directors of Higher Education,  
Himachal Pradesh.

Subject: Observance of International Day of Yoga on 21st of June, 2017 - Reg.

Memo.

You are aware that International Yoga Day is celebrated on 21<sup>st</sup> June every year. Like previous year, National Service Scheme (NSS) will be celebrating 21<sup>st</sup> June, 2017 as International Yoga Day this year also.

All the Universities/Colleges/Schools having NSS across the country will participate in a befitting manner to commemorate the occasion. The activities shall comprise of Yoga demonstration in the morning & a seminar on Yoga during the course of the day. All the NSS units should perform the Yoga Asanas in their campuses to mark the occasion. Rallies should be organized in all the capital by the NSS Volunteers to make the people aware about the benefits of Yog- Asanas and to motivate for living a healthy life.

You are, therefore, directed to instruct all the NSS Units under jurisdiction of your district to chalk out the plans/activities accordingly & celebrate the event in the most befitting manner. They may also take help of the yoga institutions/experts locally available.

Accordingly, after observance of the day also arrange to submit a well-structured District level final report along with action photographs, newspaper clippings & statistical data to this Directorate as well as Regional Directorate through email on or before 25<sup>th</sup> of June 2017.

This may kindly be accorded 'Top Priority'

Encls:- Speciman of Proforma

Endst. NO. Even dated Shimla-1, the.

Director of Higher Education  
Himachal Pradesh  
17<sup>th</sup> April 2017

Enclst No: - EDN-V (G-II) NSS 2017 - 10666-310 dt 13<sup>th</sup> 6  
office of the Deputy Director of Higher Education  
Una (H.P.)  
Copy to :-

All the principals GSSS (having NSS units)  
for information & strict compliance.

Deputy Director of Higher Education  
Una District Una (H.P.)

21/04/17  
D.D.H.

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21/4/17