

Urgent

NO EDN-H-(EE)(6)-4-53/2018-19 FSSAI
Directorate of Elementary Education
Himachal Pradesh.

Dated Shimla-171001 the November, 2021

To

1. All the Deputy Directors (Elementary Education)
Himachal Pradesh
2. All the Deputy Directors (Higher Education)
Himachal Pradesh *Vna*

प्रारम्भिक शिक्षा निदेशालय (हि.प्र.)
24 NOV 2021
शिमला-1

Subject: - Possibilities to introduce millets under Pradhan mantri Poshan Shakti Nirman (PM Poshan) Scheme

Sir/ Madam,

Find enclosed here with copy of D. O No 4-6/2018-MDM-1-1(EE.5) dated 28-10-2021 from Department of School Education & Literacy Ministry of Education, Government of India & Department of Agriculture and Farmers Welfare, Ministry of Agriculture and Farmers Welfare, Government of India received through Secretary (Education) Government of Himachal Pradesh vide his office letter No. EDN-C-F(10)5/2018-V-L-I dated 2-11-2021 on the subject cited above.

In this context, you are requested to explore the possibilities to introduce millets under Mid Day Meal Scheme. You are further requested to issue necessary instructions/directions to all the Schools in this regard under intimation to this Office.

[Signature]
Dr.Pankaj Lalit (HPAS)
Director Elementary Education
Himachal Pradesh Shimla171001
E-mail id eleeduhp@gov.in
Ph. No. 0177-2812464

Endst. No Even Dated Shimla -171001 the November, 2021
Copy to:

1. The Secretary (Education) to the Government of Himachal Pradesh Shimla-171002 w.r.t. his office letter referred to above for information please.
2. Guard File.

[Signature]
Dr.Pankaj Lalit (HPAS)
Director Elementary Education
Himachal Pradesh Shimla171001
E-mail id eleeduhp@gov.in
Ph. No. 0177-2812464

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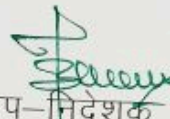
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पृष्ठांकन संख्या: ईडीएन-यू (जी-1)/2021/- 1920
कार्यालय उप शिक्षा निदेशक उच्चतर
ऊना जिला ऊना (हि0प्र0)

04 दिसम्बर, 2021

प्रतिलिपि:-

- 1 शिक्षा निदेशक (प्रा0) हिमाचल प्रदेश शिमला को सूचनार्थ प्रेषित है ।
- 2 समस्त प्रधानाचार्य/मुख्याध्यापक रा0व0मा0पा0/उच्च पाठशालाएं जिला ऊना को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित है तथा निर्देश दिए जाते हैं कि पत्र के अनुसार कार्यवाही की जाए


शिक्षा उप-निदेशक उच्चतर
ऊना. जिला ऊना (हि0प्र0)

Page 264
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EDN-C-F(10)5/2018-V-L-I
Government of Himachal Pradesh
Department of Elementary Education

From:

Secretary (Education) to the
Government of Himachal Pradesh

To

The Director, Elementary Education,
Himachal Pradesh, Shimla 171001.

Dated Shimla-171002, the

2nd Nov, 2021

Subject: -

Possibilities to introduce millets under Pradhan Mantri
Poshan Shakti Nirman (PM Poshan) Scheme.

Sir,

I am directed to enclose herewith a photocopy of D.No. 4-6/2018-MDM-1-1 (EE.5), dated 28th Oct. 2021 received from Secretary (SE&L), Ministry of Education, Department of School Education and Literacy, Government of India on the subject cited above and to request you to take further necessary action in the matter under intimation to this Department as well as to the quarter concerned.

Yours faithfully,

Kaw
Under Secretary (Ele. Edu.) to the
Government of Himachal Pradesh

No. MDM
SEC(PAD)

12.
14/11/21

419-6
Smt. Aditi

Anita Karwal
Secretary (SE&L)
Department of
School Education & Literacy
Ministry of Education
Government of India



Sanjay Agarwal
Secretary
Department of
Agriculture and Farmers
Welfare,
Ministry of
Agriculture and Farmers
Welfare
Government of India

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D.No. 4-6/2018-MDM-1-1 (EE.5)

Dated 28th October, 2021

29/10/2021

Secy (Edu) Respected Chief Secretary,
ACS (SJE)

As you are aware, millets are traditionally known to be among the first grains consumed by humans. Though the millets are nutritionally rich their consumption has been less than rice and wheat due to awareness and availability issues.

2. Malnutrition and anemia among children are major causes of concern and Government of India is taking a series of initiatives to ameliorate this. As per NFHS-IV survey, 38% of children under five years of age are stunted and 59% of children are anemic, which is critical. Among one of the series of initiatives, to reduce malnutrition and anemia, Government of India is laying emphasis on consumption of millets. Millets (Nutri-cereals) are gluten-free, alkaline and full of nutrients such as magnesium, potassium, calcium, manganese, tryptophan, phosphorus, B vitamins, proteins and antioxidants. The U.N. General Assembly recently has also adopted a resolution, sponsored by India and supported by more than 70 countries, declaring 2023 as the "International Year of Millets". The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change.

3. You are requested to explore the possibilities to introduce millets under Pradhan Mantri Poshan Shakti Nirman (PM POSHAN) Scheme preferably in the districts where eating millets is a culturally accepted food habit. To begin with you may introduce millets (Nutri-cereals) based menu once a week. Moreover, Millet based recipes may be prepared during cooking competitions to be conducted among Cook-cum-helpers to popularize it. Major Millets (Nutri-cereal) grown and consumed in India are, Sorghum (Jowar), Pearl Millet (Bajra), Finger Millet (Ragi/Mandua), Foxtail Millet (Kanngani/kakun), Kodo Millet (Kodo), Barnyard Millet (Sawa/Sanwa/Jhangora), Little Millet (Kutki), Buck-wheat (Kuttu), Amaranth (Chaulai) etc.

15/11/2021
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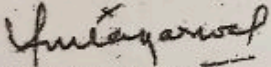
4. You may also prepare small videos for creating awareness about the goodness of millets and show case them in schools. The use/consumption of millets may be discussed during the SMCs and PTM meetings also. Millets and their health benefits may be chosen as a topic of 'Group discussion; Debate competitions' among children to spread awareness.

5. For any further technical assistance Indian Institute of Millet Research (IIMR) <https://www.millets.res.in/> may be contacted. You may encourage schools to adopt and improvise the recipes (https://www.millets.res.in/m_recipes.php) developed by IIMR.

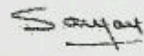
6. We shall appreciate concerted positive action to promote consumption of millets by adopting various measures as elucidated above with suitable State specific improvisations. At the same time please do not hesitate to write to us for any further facilitation.

Let us join hands and work together in this noble cause of popularizing the less known millets (Nutri-cereals) which are power houses of nutrients for the benefit of our children who are the future of this great nation.

Yours sincerely,


(Smt. Anita Karwal)
Secretary
School Education & Literacy

Yours sincerely,


(Sanjay Agarwal)
Secretary
Agriculture and Farmers
Welfare,

1. The Chief Secretaries of all the States and UTs.
2. Principal Secretaries / Secretaries of Education or the Nodal department for implementation of Pradhan Mantri Poshan Shakti Nirman (PM POSHAN) Scheme in all States and UTs.

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