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"Health Promoting Educational Institutes" - A Health Promotion initiative by the Govt. of HP : Notification , Protocol , Checklist and Certificate thereof

From : osdncdhp@gmail.com

Tue, Nov 10, 2020 04:07 PM

1 attachment

Subject : "Health Promoting Educational Institutes" - A Health Promotion initiative by the Govt. of HP : Notification , Protocol , Checklist and Certificate thereof

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DC
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Respected All,

I am directed to share with you the Innovative and far sighted strategy i.e "Health Promoting Educational Institutes" in Himachal Pradesh . This strategy has been prepared and notified jointly by the Education and Health Department of HP . This is a setting based approach for inculcating healthy practices from school levels to fulfill the long term goal of Healthy Himachal. You are kindly requested to direct and advise the incharges of all Educational Institutes to take necessary steps to certify their institute as Health Promoting

Endst No. EDN-U-(G-1)/Covid/2020/- 2680-81 Dated 2/12/2020

Office of the Deputy Director of Higher Education Una District Una (HP)

Copy to:-

1. The Deputy Commissioner Una for information please.
2. All the Principal/Headmasters GSSS/High School in Una District for information and strict compliance.



Deputy Director of Higher Education
Una District Una

1/30842/2020



NHMHP-NCD06GEN/14/2019-NCD-7997
National Health Mission
SDA Complex, Kasumpti, Shimla-9
Himachal Pradesh



Notification

Health promotion is primarily defined as "Enabling people to take control over their own health". Health promotion at school level is highly important for living, learning and working influencing health-related behaviors, i.e. knowledge, beliefs, attitudes, values and support for healthy future. Health promotion in a school involves educating the children about health related matters and creating a healthy environment that reflect on the health in a more holistic way. Keeping in view these facts, it has been decided to adopt the setting based approach for healthy future through certification of the Educational Institutes as Health Promoting Educational Institute based on the checklist/ criteria prepared by the Education and Health Departments (Annexure-1)

The grading and certification of the Health Promoting Educational Institute will be done based on the following scores:

1. 90 or >90 marks as Health promoting School/ Educational Institute
2. 80-90 marks as achievers
3. 60-80 marks as aspirants

The concerned Educational Institute will do a self assessment on the above parameters and if the score is >90 in self assessment, then the Head of the Educational Institute will apply for the final evaluation to the BMO concerned. The BMO shall constitute the following committee for the inspection and audit:-

1. Nearest Medical Officer of the PHC/CHC or Govt. Hospital (nominated by the concerned BMO)
2. Pradhan concerned Gram Panchayat or President concerned NAC or Councilor concerned MC area
3. A teacher of the nearest educational institute as per suggestion of the BMO by the Block Education Officer/Cluster Resource Coordinator

21/11/2020

Na



Checklist for certification of the Government Schools as Health Promoting schools /Educational institutes in Himachal Pradesh based on WHO monitoring tools

S.No	Action points	Means / mode of verification (Yes/No)	Weight age and calculation	Marks obtained
A Healthy school policies				
1.	Has the School / Educational institute displayed the NO smoking signages and the board for No sale of Tobacco products within 100 yards of Educational Institute as per the Notification No. NHMHP/ICDONT/GOVT/NCD/ National Health Mission-5106 dated 20 th July 2020 regarding Tobacco Free Educational Institution guidelines?	Physical inspection	5 (Yes - 5 marks No - 0 marks)	
2.	Is any ashtray /cigarette butt /beedi butt/ package or smokeless tobacco found inside the boundary of the School/Educational Institute?	Physical inspection	3 (Yes - 0 marks No - 3 marks)	
3.	Is the school /Educational Institute having a clean kitchen, clean utensils, good storage facility for raw food, clean washing areas and absence of rodents /insects, absence of foul smell	Physical inspection of the kitchen in case of the school having MDM facility and to see the notice /guidelines to promote home cooked food for	4 (Yes - 4 marks No - 0 marks)	

Neha

17/30842/2020



NHMHP-NCD0GEN/14/2019-NCD
National Health Mission
 SDA Complex, Kasumpti, Shimla-9
 Himachal Pradesh



	<p>(This question applicable to those schools which are covered under Mid day meal Scheme/MDM) AND</p> <p>Is the School / Educational institute have policy /guidelines for promoting homemade/cooked food for lunch of the children and system for random checking to see the home made food /lunch of school children ? (This question applicable to those schools which are covered under Mid day meal Scheme and also have 9th to 10+2 classes)</p>	<p>Are MDM beneficiaries in the school.</p>		
4.	<p>Has the annual health checkup of the food handlers in the School /Educational institute done in last year?</p>	<p>Physical inspection of record</p>	<p>3 (Yes - 3 marks No - 0 marks)</p>	
5.	<p>Is the School /Educational institute allowing use of unhealthy food/drink in the School? (Note that Junk food /fast food like Burger, chips, Pizza, Chowmin, Momos, and Aerated Drinks etc. are unhealthy)</p>	<p>a) notice/circular issued by school for disallowing use of junk food b) Physical inspection of canteen/food area and no junk food found c) random checking of the food of</p>	<p>3 (Yes - 3 marks No - 0 marks)</p>	

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		school children and no junk food found (all three must be fulfilled)		
6.	Does the School/Educational institute have first aid kit for students? (The kit should have at least bandage/band aids, soap, thermometer and antiseptic lotion/cream)	Physical inspection	4 (Yes - 4 marks No - 0 marks)	
7.	Is any teacher/human resource of the school/educational institute trained in basic first aid procedure?	Physical verification of the certificate or any record of any such training conducted (the training may be under Disaster management or in any other similar training)	4 (Yes - 4 marks No - 0 marks)	
8.	Are the following health emergency numbers (104 - Health helpline, 106 - Ambulance, 1098 - Childline, Hoshiyar Helpline- 1090, Gudra Helpline - 1515) displayed in the school/educational institute at prominent place?	Physical inspection (all must be displayed)	3 (Yes - 3 marks No - 0 marks)	
9.	Is the School/Educational institute regularly organizing health related debate competitions/speeches/skits?	Office record	3 (Yes - 3 marks No - 0 marks)	