

5 NOV 2019

Dated: Shimla-171001

the

October, 2019

To

All the Deputy Director of Higher Education
in Himachal Pradesh.

Subject: -

Regarding special Drive on Drug Abuse & Alcoholism w.e.f. 15/11/2019 to
15/12/2019 formation of Buddy Groups thereof.

In continuation to this office letter of even no. dated: 31/10/2019 on the
subject cited above.

In this connection, you are hereby directed issue necessary instructions to all
the Educational Institutions under your jurisdiction to constitute Buddy Groups on 16/11/2019 the
day scheduled to celebrate Buddy Day as per the Activity Calendar for the Special Drive on drug
Abuse & Alcoholism keeping in view all of the following:-

1. Every class will be allotted to a teacher by the Principal of an institution. Preferably the class should be allotted to the class teacher. The allotted teacher will be called Senior Buddy.
2. This Senior Buddy will constitute Buddy Groups comprising not more than five students in each of its classes. The Buddy Group should have a healthy mix of gender, caste religion and economic status.
3. Every student who is in class sixth or above shall be called a Buddy when he or she is made part of "A Buddy Group"
4. Adequate number of Buddy Groups will be made in each class. No student will be left out in the class. No student will be left out in the class. No student will be made a member of more than one class except in cases where there is shortage of staff.
5. Principal/Headmaster of the institution will appoint a Nodal Officer for each institution for the implementation of the Buddy Programme.
6. This Nodal Officer should keep list of all appointed senior buddies.
7. The Nodal Officer should ensure that Buddy Groups are found in each class of institution. The Principal/Headmaster of the institution should personally supervise this.
8. A District Nodal Officer will be appointed at District Level in the offices of Deputy Director Higher/Elementary Education and State Nodal Officer at Directorate level Shall also be appointed.
9. The Institutions/Schools covered under the programme should include the following:
 - All Government and Private Schools in Himachal Pradesh.
 - All Government and Private Colleges offering any graduate or post graduate or vocational Courses in the State in any discipline (Science, Art, Commerce, Computer, Medical, management, Engineering, Diploma, Traders Courses etc.
10. The students of each Buddy Group would be trained to develop knowledge, attitude and behavioural skills in the following aspects:-
 - What are Drugs and their ill effects?
 - Who is Buddy, what is a Buddy Group and how does it function?
 - How to say no to Drugs?
 - How to recognize the signs of Drug Abuse in your Buddy?
 - What to do, if such signs are noticed?

- The Principal of each School should provide about thirty minutes (30 minutes) every week to the students to interact with each other in the Buddy Group. The teacher/lecturer should be available to listen to any problem that come up in the interaction of the Buddy Group and take further action on the same. For this purpose the teachers/lecturers would be trained in appropriate listing techniques and given inputs on the action to be taken by them on the issues of drug Abuse being brought to their notice.
11. The parents should be made aware of the issues relating to Drugs.
 12. The process of communication, interaction shall be established among the students, teachers, parents, Principals and Government functionaries where in any issue related to drug Abuse can be acted upon without the loss of time.

Further, you are hereby directed to submit the Action Taken Report along with photographs after completion of the Drive to this Directorate positively.

Kindly treat this as most urgent and personal attention may be given in the matter.

o/c

Joint Director of Higher Education (S)
Himachal Pradesh, Shimla-1.

Endst. No.

Even

Dated: Shimla-171001,

November, 2019

Copy for information and further necessary action to:

1. Additional Chief Secretary (SJ&E) to the Government of Himachal Pradesh, Shimla-2.
2. The Superintendent IT Cell Directorate of Higher education, Himachal Pradesh, Shimla-1 with request to upload the same on Departmental website.
3. The Superintendent, College Branch, with request to issue similar instructions to all Colleges both Govt. and Pvt. For formation of the aforesaid Buddy Groups
4. Guard file

o/c

Joint Director of Higher Education(S)
Himachal Pradesh.

शिक्षा निदेशालय उच्चतर शिक्षा
शिमला

5 NOV 2019

Endst. No: - EDN-U (G-IIR) Drugs/ 2018/- 14614

Office of the Deputy Director of Higher Education,
UnaDistt. Una (HP).

Dated

Una

13 November, 2019

All the Principals/ Headmasters of Govt.Senior Secondary Schools / Govt. High Schools / Private Schools in Una Distt.for information and necessary action.

o/c
Dy. Director of Higher Education,
Una Distt. Una (HP).